



## Willoughby Primary School

### PSHE Curriculum Statement

As a school we aim to:

Deliver an engaging and inspirational curriculum that prepares children for the future, develops their **curiosity** and deepens their **understanding** of the world around them. We foster each child's **independence** to nurture character development, health and well-being.

In this our vision is:

Teach fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with peers and adults we hope to help children and young people to be safe, happy and healthy as they grow into their future selves. We follow a whole-school approach to improving children's well-being and progress, based on safety (S), caring (C), achievement (A), resilience (R) and friendship (f). Children refer to these series of lessons as SCARF.

Our children say:

In PSHE, we learn how to stay safe and about SCARF (safety, caring, achievement, resilience and friendships). We also learn about protected characteristics.

Learning intent:

To keep children safe, mentally well, ready for learning and able to develop the skills needed to grow into caring, respectful citizens who can achieve their full potential.

To gain an understanding of the world they are growing up in, and learn how to live alongside, and show respect for, a diverse range of people.

To know how to keep themselves healthy and well, including healthy relationships.

To promote the spiritual, moral, social, cultural, mental and physical development of pupils at the school and of society; and prepare pupils for the opportunities, responsibilities and experiences of later life.

To developing life skills - including critical thinking, assertiveness, values clarification, decision making, managing risk, operating effectively within the peer group, identifying emotions and knowing how - and who - to ask for help, when needed, to name just a few, in a meaningful way.