



## Willoughby Primary School

### P.E Curriculum Statement

As a school we aim to:

Deliver an engaging and inspirational curriculum that prepares children for the future, develops their **curiosity** and deepens their **understanding** of the world around them. We foster each child's **independence** to nurture character development, health and well-being.

In this subject we aim to:

Provide a safe and supportive environment for all children to flourish in a range of different physical activities, whether individual or team, which helps to support their physical, emotional, spiritual, social and moral development.

We promote enthusiasm and curiosity so children have a desire to understand how to live a healthy lifestyle. We aim to provide opportunities for pupils to become both physically confident but also understand the importance of teamwork and respect.

Our children say:

In P.E. lessons we learn about the benefits of keeping active and being fit. We participate in a variety of sports and activities during and after school.

Learning intentions:

At Willoughby Primary School we know that every child, including those with SEND, needs the opportunity to take part in physical activity on a regular basis to become confident and competent. It is our aim to instill a desire for them to lead healthy and active lives.

Our P.E curriculum develops children who:

Know how to live healthy, active lives and understand the importance of doing so

- Develop confidence and competence in the fundamental skill of movement and build progressively on these at each phase of their education
- Play age-appropriate competitive games as individuals and as part of a team
- Develop flexibility, stamina and strength through a variety of games, athletics, dance, gymnastics, outdoor and adventurous activities.
- Are able to evaluate their own performances and those of others.
- Can swim at least 25 metres