

My School Manu

Winter 2025 - 2026

Week commencing

3rd November 24th November 15th December 5th January 26th January 9th March



No. of Lot					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk	Spaghetti beef Bolognese OR Eat Curious Bolognese with garlic bread Gluten Soya Milk & crunchy vegetable sticks	Roast meat of the day OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide OR Quorn Milk Egg with mashed potato & corn on the cob	Fishcake Cob Gluten Fish Sesame OR Fishless finger cob Gluten Sesame with Jemon mayonnaise Egg Sulphur Dioxide, oven chips & peas
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Honey & oat cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Cornflake tart Sulphur dioxide Gluten With custard Milk







Monday Tuesday Wednesday **Thursday** Friday Loaded Chicken Tempura battered Roast meat of the Cheesy Naan bread All day brunch Nottinghamshire day MSC Poliock taco pizza Quorn Gluten Soya Fish Milk Gluten sausage OR with Milk Egg Gluten Sulphur Quorn roast Fishless finger taco Biryani Chapati's Dioxide roasted new Milk Egg Gluten Gluten with Yorkshire potatoes & bacon with crunchy with pudding vegetables sweetcorn Milk Egg Gluten Plant based sausage roast potatoes, & Soya Sulphur Dioxide oven chips with hash browns, carrots, broccoli baked beans & & scrambled eggs gravy Egg Milk Sticky toffee Rice pudding JimJam 'nut free' Chocolate New York Milk chocolate croissant cheesecake pudding Gluten Soya Milk Gluten Milk Milk Egg Gluten & orange cookie Gluten with custard jam Sulphur dioxide Milk







Week commencing

17th November, 8th December, 19th January, 9th February, 2nd March, 23rd March

Taste

Friday Wednesday **Thursday** Tuesday Monday Roast meat of the Chip shop style Chicken Chicken & vegetable Honey chicken Soya fish 'n' chips OR fajitas day OR Gluten Fish Gluten OR Quorn Quorn Mustard OR OR **Mustard Soya** Quorn roast teriyaki Udon Fishless fingers 'n' filled bao bun Quorn & vegetable Milk Egg noodles with Gluten Sesame chips Option fajitas Gluten Sova with Gluten Yorkshire Mustard Gluten with sticky rice with with pudding a vegetable spring curry sauce Milk Egg Gluten & smoky jacket roll roast potatoes, Celery, Egg, Milk, crunchy vegetable wedges Gluten Egg Milk Soya Mustard, Soya, Gluten carrots, broccoli sticks Celery & tomato salsa peas gravy Sesame JimJam 'Nut Free' Chocolate Cracknell Butterscotch Zesty lemon jelly with a Iced carrot cake shortcake Chocolate brownie cookie Gluten Egg Sulphur Gluten Milk Gluten Milk Soya Egg Milk Gluten Gluten Dioxide Pudding



